# **NEWINGTON HIGH SCHOOL ATHLETICS**

## **FALL SPORT REGISTRATION**

Fall sports begin on Thursday, August 27, 2020 (Football begins 8/17)

\*\*\*ALL DATES ARE SUBJECT TO CHANGE BASED ON GOVERNOR'S GUIDELINES\*\*\*
UPDATES WILL BE PROVIDED ON www.newingtonathletics.com AS NEEDED.

#### WHAT DO I NEED TO DO?

#### CHECK YOUR ELIGIBILITY

### 1.) Academic Eligibility:

- Student-athletes must have earned **FOUR (4)** credits towards their graduation requirements during the previous school year.
- The <u>Y1 grade</u> is the standard, not the 4<sup>th</sup> quarter grade.
- All students entering 9<sup>th</sup> grade are eligible for the start of the fall athletic season.

#### 2.) Physical Eligibility:

- For a fall sport, a physical must be from May 17, 2019 or more recent and be on file with the nurses' office PRIOR to Wednesday, August 12<sup>th</sup> for Football and Monday, August 24<sup>th</sup> for all other sports. Forms should be mailed to: Newington High School, ATTN: Nurse, 605 Willard Ave, Newington, CT 06111
- You must use the State of Connecticut Health Assessment Record 'HAR-3 Rev. 4/2012' (blue form) for a physical. It is available at the high school, your doctor's office, or on the Newington Athletics website.
- The physician must 'check' the box on that blue form that states, "This student may participate fully in athletic activities and competitive sports."
- Please be sure to make a copy of the physical for your own records

#### 1 AM ELIGIBLE, WHAT'S NEXT?

# ➤ ALL 3 ITEMS BELOW MUST BE COMPLETED BETWEEN AUGUST 3-AUGUST 24, 2020 (SUBJECT TO CHANGE)

(Football registrations must be completed by August 12, 2020 to start on time)

#### 1.) ONLINE REGISTRATION

- Visit <u>www.newingtonathletics.com</u> and click on the "Registration" tab at the top.
- Click on "Fall Sport Online Registration," which will direct you to the online registration.
- The online registration is complete when you click the blue "Submit" button on the last page.
- Any registrations received after August 12<sup>th</sup> or 24<sup>th</sup> may result in a late start.
- Registration status can be found under the "Registration" tab on www.newingtonathletics.com

#### 2.) Physical:

• To be eligible, student athletes must have a valid physical on file, dated after May 17, 2019, with the NHS nurses' office, by Wednesday, August 12<sup>th</sup> for football participation or by Monday, August 24<sup>th</sup> for all other sports. **Physicals turned in after the deadline will result in a late start.** 

#### 3.) Participation Fee:

- A check for \$100.00 (One hundred dollars) made payable to: Newington Athletic Fund.
- Must be turned in on the 1<sup>st</sup> day of practice. Online option may become available.
- If student does not appear on regular season roster, checks will be shredded.
- Checks will be deposited after the first day of competition, September 24, 2020.

If you have any questions or concerns, feel free to visit or call the athletic office (860)666-5611 x1620.